



















West ern Hills Retirement Village Glen Calendar MAY 2022



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 10:30 Mass - A	2 9:30 Exercise – A 10:00 Wii Bowling – A 2:00 Bingo - A 3:15 Happy Hour - A 	3 9:30 Exercise-A 10:00 Blood Pressure Check – L 2:30 Trivia - A	4 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Movie & Popcorn - A	5 9:30 Exercise - A 10:30 Mass – A 2:30 Cinco de Mayo Celebration -A 	6 9:30 Exercise -A 10:00 Wii Bowling - A 10:00 Blood Pressure Check by Stay Well - L 2:00 Bingo - A 3:15 Happy Hour-A 	7 9:30 Exercise -A 2:00 Bingo - A
8 10:30 Mass – A Mother’s Day Lunch- During your Lunch Time 	9 9:30 Exercise – A 10:00 Wii Bowling – A 10:15 Manicures - A 2:00 Bingo - A 3:15 Happy Hour - A	10 9:30 Exercise – A 10:00 Blood Pressure Check – L 2:30 Trivia – A 3:30 Resident Council - A 	11 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Movie & Popcorn - A	12 9:30 Exercise – A 10:30 Mass - A 2:30 Family Dice - A	13 9:30 Exercise -A 10:00 Wii Bowling - A 10:00 Blood Pressure Check by Stay Well - L NO BINGO 2:30 Ukulele Lady Happy Hour	14 9:30 Exercise -A 2:00 Bingo - A
15 10:30 Mass - A	16 9:30 Exercise – A 10:00 Wii Bowling – A  2:00 Bingo – A 3:15 Happy Hour - A	17 9:30 Exercise-A 10:00 Blood Pressure Check – L 2:30 Trivia - A	18 9:30 Exercise - A 10:00 Wii Bowling - A 2:30 Music by Stacy Todd - A	19 9:30 Exercise – A 10:30 Mass - A 3:30 Family Dice – A note time  2:30 Library Tech Support – LR	20 9:30 Exercise-A 10:00 Wii Bowling – A 10:00 Blood Pressure Check by Stay Well - L 2:00 Bingo – A 3:15 Happy Hour - A 	21 9:30 Exercise-A 2:00 Bingo - A 
22 10:30 Mass – A 	23 9:30 Exercise – A 10:00 Wii Bowling – A 10:15 Manicures – A 2:00 Bingo – A 3:15 Happy Hour - A	24 9:30 Exercise -A 10:00 Blood Pressure Check – L 2:30 Horse Racing - A 	25 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Movie & Popcorn - A	26 9:30 Exercise – A 10:30 Mass - A  2:30 Family Dice - A	27 9:30 Exercise -A 10:00 Wii Bowling - A 10:00 Blood Pressure Check by Stay Well - L NO BINGO 3:00 Birthday Celebration Music w/ Pete Michael - A	28 9:30 Exercise -A 2:00 Bingo - A
29 10:30 Mass - A	30 2:00 Red White and Blue Floats - A  Memorial Day	31 9:30 Exercise -A 10:00 Blood Pressure Check – L 2:30 Music with Pete Papania - A	Happy Mother's Day 	MEMORIAL DAY 	Have an Activity Question? Call Kathy at Extension 120 	Calendar Subject to Change

