




















Western Hills Retirement Calendar December 2021

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>Have an Activity Question? Call Kathy at Extension 120</p> 	<p>Calendar Subject to Change</p>		<p>1 9:30 Exercise – A 10:00 Wii Bowling - A 2:00 Movie and Popcorn - A</p>	<p>2 9:30 Exercise -A 10:30 Mass - A 2:30 Trimming the Christmas Tree Party – 1st Floor Living Room</p> 	<p>3 9:30 Exercise – A 10:00 Wii Bowling -A 10:00 Blood Pressure Check By Stay Well -A 1:00 Bingo -A 2:30 Entertainment Nancy Bick-Clark – A No Happy Hour</p>	<p>4 9:30 Exercise-A 2:00 Bingo- A</p>
<p>5 10:30 Mass - A</p> 	<p>6 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour - A</p>	<p>7 9:30 Exercise - A 10:00 Blood Pressure Check L 2:00 Swipe Christmas Gifts Bingo - A</p> 	<p>8 9:30 Exercise-A 10:30 Immaculate Conception Mass - A 2:30 Dunham Corallers- A</p> 	<p>9 9:30 Exercise - A 10:30 Mass - A 2:30 Family Dice - A</p>	<p>10 9:30 Exercise -A 10:00 Wii Bowling -A 10:00 Blood Pressure Check By Stay -A 1:00 Bingo -A 3:15 Happy Hour -A</p>	<p>11 9:30 Exercise-A 2:30 Entertainment - The Linkette's –A NO BINGO</p> 
<p>12 10:30 Mass - A</p>	<p>13 9:30 Exercise -A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour – A 6:00 Christmas Carols w/ Marybeth – 1st Floor Living Room</p>	<p>14 9:30 Exercise - A 10:00 Blood Pressure Check -L 2:30 Christmas Craft – A 3:30 Resident Council - A</p>	<p>15 9:30 Exercise-A 10:00 Wii Bowling -A 2:30 Birthday Celebration Happy Hour - Music by The Ukulele Lady - A</p>	<p>16 9:30 Exercise - A 10:30 Mass - A 3:00 Christmas Song Trivia - A</p> 	<p>17 9:30 Exercise -A 10:00 Wii Bowling -A 10:00 Blood Pressure Check By Stay Well - L 1:00 Bingo -A 2:30 Delhi Senior Choir – A No Happy Hour</p>	<p>18 9:30 Exercise-A 2:00 Bingo-A</p>
<p>19 10:30 Mass -A</p> 	<p>20 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Bingo -A 3:15 Christmas Party Happy Hour – (music by Pete Papania) – A</p> 	<p>21 9:30 Exercise - A 10:00 Blood Pressure - L 2:30 Melanie Moon - The True Meaning of Christmas – A</p> 	<p>22 9:30 Exercise-A 10:00 Wii Bowling - A 2:30 Movie and Popcorn – A</p> 	<p>23 9:30 Exercise - A 10:30 Mass - A 2:30 Family Dice - A</p>	<p>24 9:30 Exercise - A 10:00 Wii Bowling - A 10:00 Blood Pressure Check By Stay Well - L NO HAPPY HOUR Christmas Eve</p>	<p>25 9:30 Exercise-A 10:30 Christmas Mass 2:00 Christmas Movie - A</p>  <p>Christmas</p>
<p>26 10:30 Mass - A</p>	<p>27 9:30 Exercise - A 10:00 Wii Bowling - A 2:00 Bingo - A 3:15 Happy Hour - A</p>	<p>28 9:30 Exercise - A 10:00 Blood Pressure Check - L 2:30 Horse Races – A</p> 	<p>29 9:30 Exercise – A 10:00 Wii Bowling - A 2:00 Movie and Popcorn - A</p>	<p>30 9:30 Exercise - A 10:30 Mass - A 2:30 Family Dice - A</p> 	<p>31 9:30 Exercise – A 10:00 Wii Bowling - A 10:00 Blood Pressure Check by Stay Well – L New Year's Eve Party - A</p>  <p>New Year's Eve</p>	



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