













Western Hills Retirement Village Glen Calendar November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 VETERANS DAY	1 9:30 Exercise (A) NO WII BOWLING 10:30 All Saints Day Mass 2:00 Bingo (A)  3:15 Happy Hour(A)	2 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:00 Thanksgiving Craft (A)	3 9:30 Exercise-A 10:00 Wii Bowling (A) 2:00 Movie and Popcorn (A) 	4 9:00 Exercise (A) 10:00 Mass (A) 3:00 Family Dice (A)	5 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check By Stay Well (L) 1:00 Bingo (A) 2:15 Tia Chi (A) 3:15 Happy Hour (A)	6 9:30 Exercise-A 11:00 Rosary-C 11:20 Mass-C 1:00 Bingo-L
7 11:00 Mass (A) 2:00 Bingo (A)	8 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour(A)	9 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:00 Thanksgiving Craft (A) 3:30 Resident Council (A) 	10 9:30 Exercise-A 10:00 Wii Bowling (A) 2:00 Movie and Popcorn (A)	11 9:00 Exercise (A) 10:00 Mass 2:30 Veterans Day Program 	12 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check By Stay Well (L) 1:00 Bingo (A) 2:15 Tia Chi (A) 3:15 Happy Hour (A)	13 9:30 Exercise-A 11:00 Rosary-C 11:20 Mass-C 1:00 Bingo-L
14 11:00 Mass (A) 2:00 Bingo (A)	15 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour(A)	16 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:30 Music with the Merri Moore's (A)	17 9:30 Exercise-A 10:00 Wii Bowling (A)  2:00 Movie and Popcorn (A)	18 9:00 Exercise (A) 10:00 Mass (A) 3:00 Family Dice (A)	19 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check By Stay Well (L) 1:00 Bingo (A) 2:15 Tia Chi (A) 3:15 Birthday Happy Hour With Music by Pete Papani (A)	20 9:30 Exercise-A 11:00 Rosary-C 11:20 Mass-C 1:00 Bingo-L
21 11:00 Mass (A) 2:00 Bingo (A)	22 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour(A) 	23 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 3:00 Horse Races	24 9:30 Exercise-A 10:00 Wii Bowling (A) 2:00 Movie and Popcorn (A)	25 10:30 Mass (A) 2:00 Thanksgiving Movie 	26 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check By Stay Well (L) 1:00 Bingo (A) 2:15 Tia Chi (A) 3:15 Happy Hour (A)	27 9:30 Exercise-A 11:00 Rosary-C 11:20 Mass-C 1:00 Bingo-L
28 11:00 Mass (A) 2:00 Bingo (A)	29 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour(A)	30 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:30 Music with John Simpson (A) 		Have an Activity Question? Call Kathy at Extension 120 	Calendar Subject to Change	A-Level Activity Room C-Chapel L-1st Floor Lounge LR-1st Floor Living Room MDR-Main Dining Room

