
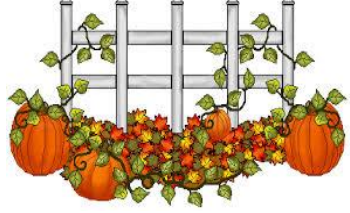














Western Hills Retirement Village Glen Calendar October 2021



| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|--|---|--|---|--|---|---|
| <p>Have an Activity Question? Call Kathy at Extension 120</p>  | <p>Calendar Subject to Change</p> |  | <p>A-Level Activity Room C-Chapel L-1st Floor Lounge LR-1st Floor Living Room MDR-Main Dining Room</p> |  | <p>9:30 Exercise (A) 1 10:00 Wii Bowling (A) 10:00 Blood Pressure Check by Stay Well (L) 10:30 Manicures (A) 1:00 Bingo (A) 2:15 Tia Chi w/ Don (A) 3:15 Happy Hour (A)</p> | <p>9:30 Exercise (A) 2 2:00 Bingo (A)</p> |
| <p>10:30 Mass (A) 3 1:30 Exercise (A)</p> | <p>4 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p> | <p>5 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:30 Music by P's in a Pod (A)</p>  | <p>6 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Popcorn & Movie (A)</p> | <p>7 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:00 Family Dice (A)</p> | <p>8 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check by Stay Well (L) 1:00 Bingo (A) 2:15 Tia Chi w/ Don (A) 3:15 Happy Hour (A)</p> | <p>9 9:30 Exercise (A)  2:00 Bingo (A)</p> |
| <p>10:30 Mass (A) 10  1:30 Exercise (A)</p> | <p>11 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p>  | <p>12 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:00 Pumpkin Craft (A) 3:30 Resident Council (A)</p> | <p>13 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>  | <p>14 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:00 Family Dice (A)</p> | <p>15 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check by Stay Well (L) 10:30 Manicures (A) 1:00 Bingo (A) 2:00 Tai Chi w/ Don (A) 3:15 Birthday Happy Hour Music by John Simpson (A)</p> | <p>16 9:30 Exercise (A) 2:00 Bingo (A)</p>  |
| <p>17 10:30 Mass (A) 1:30 Exercise (A)</p> | <p>18 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p> | <p>19 9:30 Exercise (A) 10:00 Blood Pressure (L) 2:30 Music by Jeannie's Trio (A)</p> | <p>20 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p> | <p>21 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:00 Horse Race (A)</p>  | <p>22 9:30 Exercise (A) 10:00 Wii Bowling(A) 10:00 Blood Pressure Check by Stay Well (L) 1:00 Bingo (A) 2:00 Tai Chi w/ Don (A) 3:15 Happy Hour (A)</p> | <p>23 9:30 Exercise (A) 2:00 Bingo (A)</p> |
| <p>24 10:30 Mass (A) 1:30 Exercise (A)</p> <hr/> <p>10:30 Mass (A) 31 1:30 Exercise (A)  Halloween</p> | <p>25 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p> | <p>26 9:30 Exercise (A) 10:00 Blood Pressure (L) 2:30 Trivia (A)</p>  | <p>27 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p> | <p>28 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:15 Family Dice (A)</p> | <p>29 9:30 Exercise (A) 10:00 Wii Bowling(A) 10:00 Blood Pressure Check by Stay Well (L) 10:30 Manicure (A) NO BINGO 2:00 Tai Chi w/ Don (L) 3:15 Halloween Happy Hour (A)</p> | <p>30 9:30 Exercise (A) 2:00 Bingo (A)</p> |