




Western Hills Retirement Village Glen Calendar September 2021



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>Have an Activity Question? Call Kathy at Extension 120</p> 	<p>Calendar Subject to Change</p>	<p>A-Level Activity Room C-Chapel L-1st Floor Lounge LR-1st Floor Living Room MDR-Main Dining Room</p>	<p>1 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>	<p>2 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:00 water Aerobic (as weather permit's) 3:00 Family Dice (L) 6:30 Dick Miller Band (LR)</p>	<p>3 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check By Stay Well (L) 1:00 Bingo (L) 2:00 Tai Chi w/ Don (A) 3:15 Happy Hour (A)</p>	<p>4 9:30 Exercise (A) 1:00 Bingo (L)</p>
<p>5 10:30 Mass (A) 1:30 Exercise (A)</p>	<p>6 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Red White and Blue Floats (A) NO BINGO or HAPPY HOUR</p> 	<p>7 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 2:30 Music by the Jeannie Trio (A)</p>	<p>8 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>	<p>9 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (L) 3:00 Water Aerobic (as weather permits) 3:00 Family Dice (L)</p>	<p>10 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check by Stay Well (L) 10:30 Manicures (A) 1:00 Bingo (L) 2:15 Tia Chi w/ Don 3:15 Happy Hour (A)</p>	<p>11 9:30 Exercise (A) 1:00 Bingo (L)</p>
<p>12 10:30 Mass (A) 1:30 Exercise (A)</p>	<p>13 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (L) 3:15 Happy Hour (A)</p>	<p>14 9:30 Exercise (A) 10:00 Blood Pressure Check (L) 3:30 Resident Council (A)</p>	<p>15 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>	<p>16 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 2:30 Music by Ricky Nye (A)</p>	<p>17 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Blood Pressure Check by Stay Well (L) 1:00 Bingo (L) 2:00 Tai Chi w/ Don (A) 3:15 White Castle Happy Hour(A)</p>	<p>18 9:30 Exercise (A) 1:00 Bingo (L)</p>
<p>19 10:30 Mass (A) 1:30 Exercise (A)</p>	<p>20 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (L) 3:15 Happy Hour (A)</p>	<p>21 9:30 Exercise (A) 10:00 Blood Pressure (L) 2:30 Horse Races (A)</p>	<p>22 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>	<p>23 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:00 Family Dice (L) Annual Anniversary Dinner During Your Regularly Scheduled Time</p>	<p>24 9:30 Exercise (A) 10:00 Wii Bowling(A) 10:00 Blood Pressure Check by Stay Well (L) 10:30 Manicure (A) 1:00 Bingo (L) 2:00 Tai Chi w/ Don (A) 3:15 Birthday Happy Hour Music by The Ukulele Lady (A)</p>	<p>25 9:30 Exercise (A) 1:00 Bingo (L)</p>
<p>26 10:30 Mass (A) 1:30 Exercise (A)</p>	<p>27 9:30 Exercise (A) 10:00 Wii Bowling (A) 2:00 Bingo (L) 3:15 Happy Hour (A)</p>	<p>28 9:30 Exercise (A) 10:00 Blood Pressure (L) 2:30 The Merri Moore's (A)</p>	<p>29 9:30 Exercise (A) 10:00 Wii Bowling (A) 10:00 Kroger Trip 2:00 Popcorn & Movie (A)</p>	<p>30 9:30 Exercise (A) 10:30 Mass (A) 1:00 Rosary (A) 3:15 Family Dice (L)</p>		

