












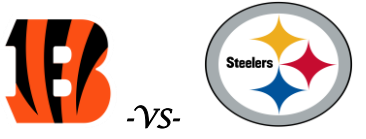


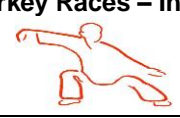












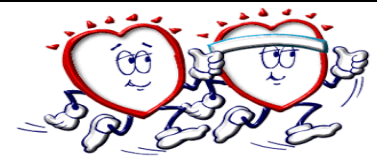




# NOVEMBER



## The Lodge Retirement Community



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>1:00 Protestant Communion Service - In The CYL</p> <p>1:00 Watch The Bengals -vs Tennessee Titans On Channel 12</p>  <p>Daylight Savings Time Ends Turn your clocks back 1 hr.</p>	<p>2</p> <p>9:30 Chair Exercise – ATR</p> <p>10:30 Reminisce – In The CYL</p> <p><i>Happy Birthday!</i></p> <p>11:30 Nov. Birthday - CYL</p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Walk Club - Meet in CYL</p> <p>2:00 Come play "Free" Bingo</p> <p>3:00 Let's Have Fun - CYL</p>	<p>3</p> <p>ELECTION DAY!</p> <p>10:00 Bible Study - CYL</p> <p>10:30 Walk Club - Meet In ATR</p> <p>1:00 Support Group - CYL</p> <p>2:00 Choraliers - In The ATR</p> <p>2:00 Bridge - 3<sup>rd</sup> FL</p> <p>3:00 Word Game - CYL</p> <p>7:00 Come play "Free" - ATR</p> 	<p>4</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Uno - 3<sup>rd</sup> FL</p> <p>1:00 Wii Bowling - CMB</p> <p>1:30 Walk Club - Meet in CYL</p> <p>1:30 Exercise with Stay Well In The CYL</p> <p>2:00 Chair Dancing - ATR</p> <p>2:45 Movie - In The CYL "It's A Mad, Mad, Mad, Mad World"</p>	<p>5</p> <p>10:00 Catholic Comm. Ser. - ATR</p> <p>10:30 <i>Bus Ride</i></p> <p>10:30 Walk Club - Meet In CYL</p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Trivia - In The ATR</p> <p>1:30 <i>Bus Ride</i></p> <p>2:00 Tai Chi - In The CYL</p> <p>3:00 Out Burst - In The CYL</p>	<p>6</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Card Bingo - CYL</p> <p>1:00 Kings in a Corner -3 FL</p> <p>2:00 Sing-A-Long - ATR</p> <p>3:00 Social Time - ATR</p> 	<p>7</p> <p>9:30 Walk Club - Meet in CYL</p> <p>10:30 Chat w/Activities In The CYL</p> <p>2:00 Come play Bingo - "Free"- In The ATR</p> <p>3:00 Wii Bowling – CMB</p> 
<p>8</p> <p>1:00 Protestant Communion Service - In The CYL</p> 	<p>9</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Reminisce - In The CYL</p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Walk Club - In The CYL</p> <p>2:00 Come play "Free" Bingo in the ATR</p> <p>3:00 Let's Have Fun - CYL</p> 	<p>10</p> <p>10:00 Bible Study - CYL</p> <p>10:30 Walk Club - Meet In ATR</p> <p>1:00 Support Group - CYL</p> <p>2:00 Choraliers - In The ATR</p> <p>2:00 Bridge - 3<sup>rd</sup> FL</p> <p>3:00 Fall Craft – In The CYL</p> <p>7:00 Come play "Free" - ATR</p> 	<p>11</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Uno - 3<sup>rd</sup> FL</p> <p>1:00 Wii Bowling - CMB</p> <p>1:30 Walk Club - Meet in CYL</p> <p>1:30 Exercise w/ Stay Well In The CYL</p>  <p>2:00 Veterans Day Concert – In the ATR</p> <p>2:45 Movie - In The CYL "Hachi: A Dogs Tale"</p> 	<p>12</p> <p>8:30 Breakfast – In The FDR</p> <p>10:00 Catholic Comm. Ser. - CYL</p> <p>10:30 Walk Club - Meet In CYL</p> <p>10:30 <i>Bus Ride</i></p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Trivia - In The ATR</p> <p>1:30 <i>Bus Ride</i></p> <p>2:00 Tai Chi - In The CYL</p> <p>3:00 Corn Hole - In The CYL</p>	<p>13</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Uno - 3<sup>rd</sup> FL</p> <p>1:00 Kings in a Corner- 3 FL</p> <p>2:00 Sing-A-Long - ATR</p> <p>3:00 Social Time - ATR</p> 	<p>14</p> <p>9:30 Walk Club – Meet in CYL</p> <p>10:30 Chat w/Activities In The CYL</p> <p>2:00 Come play Bingo - "Free"- In The ATR</p> <p>3:00 Wii Bowling - CMB</p> 
<p>15</p> <p>1:00 Protestant Communion Service - In The CYL</p> <p>1:00 Watch The Bengals -vs- Pittsburg Steelers on Channel 12</p> 	<p>16</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Reminisce - In The CYL</p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Walk Club - In The CYL</p> <p>2:00 Come play "Free" Bingo in the ATR</p> <p>3:00 Let's Have Fun - CYL</p> 	<p>17</p> <p>10:00 Bible Study - CYL</p> <p>10:30 Walk Club - Meet In CYL</p> <p>1:00 Support Group - CYL</p> <p>2:00 Choraliers - ATR</p> <p>2:00 Bridge - 3<sup>rd</sup> FL</p> <p>3:00 Word Game - CYL</p> <p>7:00 Come play "Free" Bingo In The ATR</p> 	<p>18</p> <p>9:30 Chair Exercise – ATR</p> <p>10:30 Uno – 3<sup>rd</sup> FL</p> <p>1:00 Wii Bowling - CMB</p> <p>1:30 Walk Club - Meet in CYL</p> <p>1:30 Exercise with Stay Well In The CYL</p> <p>2:00 RESIDENT COUNCIL MEETING - In The ATR</p> <p>2:45 Movie – In The CYL "Cowgirls n' Angels"</p>	<p>19</p> <p>10:00 Catholic Comm. Ser.- CYL</p> <p>10:30 Walk Club - Meet In ATR</p> <p>10:30 <i>Bus Ride</i></p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Trivia - In The ATR</p> <p>1:30 <i>Bus Ride</i></p> <p>2:00 Tai Chi - In The CYL</p> <p>3:00 Turkey Races – In The CYL</p> 	<p>20</p> <p>9:30 Chair Exercise - ATR</p> <p>10:30 Music Bingo - CYL</p> <p>1:00 Kings in a Corner -3FL.</p> <p>2:00 Sing-A-Long – ATR</p> <p>3:00 Social Time - ATR</p> 	<p>21</p> <p>9:30 Walk Club – Meet in CYL</p> <p>10:30 Chat w/Activities In The CYL</p> <p>2:00 Come play Bingo – "Free"- In The ATR</p> <p>3:00 Wii Bowling – CMB</p> 
<p>22</p> <p>1:00 Protestant Communion Service - In The CYL</p> <p>1:00 Watch The Bengals -vs- Washington on Channel 12</p> 	<p>23</p> <p>9:30 Chair Exercise – ATR</p> <p>10:30 Reminisce – In The CYL</p> <p>1:00 Euchre - 3<sup>rd</sup> FL.</p> <p>1:30 Walk Club - In The CYL</p> <p>2:00 Thanksgiving Bingo "Free" - ATR</p>  <p>3:00 Let's Have Fun - CYL</p>	<p>24</p> <p>10:00 Bible Study - CYL</p> <p>10:30 Walk Club - Meet In ATR</p> <p>1:00 Support Group - CYL</p> <p>2:00 Choraliers - ATR</p> <p>2:00 Bridge - 3<sup>rd</sup> FL</p> <p>3:00 Turkey Contest - CYL</p> <p>7:00 Come play "Free" Bingo In the ATR</p> 	<p>25</p> <p>9:30 Chair Exercise – ATR</p> <p>10:30 Uno – 3<sup>rd</sup> FL</p> <p>1:00 Wii Bowling - CMB</p> <p>1:30 Walk Club - Meet in CYL</p> <p>1:30 Exercise with Stay Well In The CYL</p> <p>2:00 Movie - In The CYL "An Old Fashion Thanksgiving"</p>	<p>26</p> <p>Thanksgiving Dinner 11:00a.m. – 1:00p.m.</p> <p><i>Happy Thanksgiving</i></p> 	<p>27</p> <p>9:30 Exercise - ATR</p> <p>10:30 Uno – 3<sup>rd</sup> FL</p> <p>1:00 Kings in a Corner -3FL.</p> <p>2:00 Sing-A-Long – ATR</p> <p>3:00 Social Time - ATR</p> 	<p>28</p> <p>9:30 Walk Club-Meet in- CYL</p> <p>10:30 Chat w/Activities In The CYL</p> <p>2:00 Come play Bingo - "Free"- In The ATR</p> <p>3:00 Wii Bowling - CMB</p> 
<p>29</p> <p>1:00 Protestant Communion Service - In The CYL</p> <p>1:00 Watch The Bengals -vs- New York Giants on Channel 12</p> 	<p>30</p> <p><i>Decorate The Lodge For Christmas!</i></p> <p>Cookies and Hot Chocolate</p> 	<p>EYEGLASS CLEANING ON TUESDAYS November 3rd - 4:00p.m. &amp; November 17<sup>th</sup> - 4:00p.m.</p> 		<p><i>Blood Pressure Checks With Stay Well</i> Thurs. 11a-12p -ATR</p> 		<p><i>We Are Glad You're Back! We Are Getting Thru This Together!</i></p> 

### Beauty/Barber

Shop: Call Ext. 3255

OUR LODGE PODGE STORE IS OPEN: MONDAY & THURSDAY 10:00 A.M. – 11:30 A.M. Ext: 2106

## WE ARE FAMILY



Please remember to:



YOU MUST Wear your face Mask when you are not in your apartment!

Please Use Social Distancing



6 ft. Apart at all times! Please Wash your hands often!

### Podiatrist

Wellness Office 3<sup>rd</sup> Floor For Appointment Call Dr. Perelman: 791-4764 Dr. Seth: 489-5533

Daily Informational HOTLINE



Hotline - Just Call Ext. 3341

Activities Are Subject to Change!

