
















Western Hills Retirement Village Glen Calendar

September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p style="text-align: right;">1</p> <p>9:30 Exercises (A) 2:00 Yoga – (A)</p>	<p style="text-align: right;">2</p> <p>9:30 Exercise (A) 2:00 Trivia</p>	<p style="text-align: right;">3</p> <p>9:30 Exercise (A) 2:00 Movie (A)</p>	<p style="text-align: right;">4</p> <p>9:30 Exercise (A) 10:00 Blood Pressure Checks (L)  10:30 Wii Bowling (A) 2:00 Bingo(A)</p>	<p style="text-align: right;">5</p> <p>2:00 Travel Log Movie – (A)</p>
<p style="text-align: right;">6</p> <p>10:30 Mass (A) (Independent Residents Only)</p>	<p style="text-align: right;">7</p> <p>9:30 Exercises (A) No Bingo 3:00 Red White & Blue ice cream floats LABOR DAY</p>	<p style="text-align: right;">8</p> <p>9:30 Exercises (A) 2:00 Yoga – (A)</p>	<p style="text-align: right;">9</p> <p>9:30 Exercises (A) 2:00 Trivia (A)  3:00 Horse Races(A)</p>	<p style="text-align: right;">10</p> <p>9:30 Exercises (A) 2:00 Movie (A)</p>	<p style="text-align: right;">11</p> <p>9:30 Exercises (A) 10:00 Blood Pressure Checks (L) 10:30 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p>	<p style="text-align: right;">12</p> <p>2:00 Travel Log Movie (A)</p>
<p style="text-align: right;">13</p> <p>10:30 Mass (A) (Independent Residents Only)  2:00 Sing-a-Long(A)</p>	<p style="text-align: right;">14</p> <p>9:30 Exercises (A)  10:30 Wii Bowling(A) 2:00 Bingo – A</p>	<p style="text-align: right;">15</p> <p>9:30 Exercises (A) 2:00 Yoga – (A) 3:30 Resident Council (A) </p>	<p style="text-align: right;">16</p> <p>9:30 Exercises 10:30 Wii Bowling (A)  2:00 Trivia-(A) 3:00 Horse Races (A)</p>	<p style="text-align: right;">17</p> <p>9:30 Exercises (A) 2:00 Movie (A) </p>	<p style="text-align: right;">18</p> <p>9:30 Exercises (A) 10:00 Blood Pressure Checks –(L) 10:30 Wii Bowling (A) 2:00 Bingo – (A) 3:15 Happy Hour (A)</p>	<p style="text-align: right;">19</p> <p>2:00 Travel Log Movie (A) </p>
<p style="text-align: right;">20</p> <p>10:30 Mass (A) (Independent Residents Only) 2:00 Sing-a-Long (A)</p>	<p style="text-align: right;">21</p> <p>9:30 Exercises (A) 10:30 Wii Bowling (A) 2:00 Bingo – (A) </p>	<p style="text-align: right;">22</p> <p>9:30 Exercises(A) 2:00 Yoga – (A)</p>	<p style="text-align: right;">23</p> <p>9:30 Exercises (A) 10:30 Wii Bowling(A) 2:00 Trivia(A) 3:00 Horse Races (A)</p>	<p style="text-align: right;">24</p> <p>9:30 Exercises (A) 2:00 Movie (A)</p>	<p style="text-align: right;">25</p> <p>9:30 Exercises (A) 10:00 Blood Pressure Checks (L) 10:30 Wii Bowling (A) 2:00 Bingo (A) 3:15 Happy Hour (A)</p>	<p style="text-align: right;">26</p> <p>Travel Log Movie (A)</p>
<p style="text-align: right;">27</p> <p>10:30 Mass(A) (Independent Residents Only) 2:00 Sing-a-Long (A)</p>	<p style="text-align: right;">28</p> <p>9:30 Exercises(A) 2:00 Bingo – (A)</p>	<p style="text-align: right;">29</p> <p>9:30 Exercises (A) 2:00 Yoga – (A) </p>	<p style="text-align: right;">39</p> <p>9:30 Exercises (A) 10:30 Wii Bowling (A) 2:00 Trivia (A) 3:00 Horse Races (A)</p>		 A – Activity Room L – 1st Floor Lounge LR – 1st Floor Living Room C – Chapel D – Main Dining Room	<p>Activity Questions Call Kathy Extension 120</p> 

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