








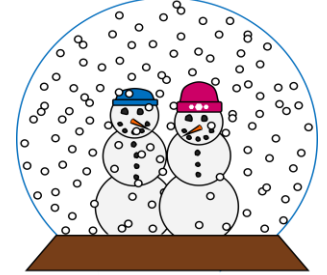








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>ABREVIATIONS</b>                      CYL-Courtyard Lounge - 2<sup>nd</sup> FL.                      CY - Court Yard - 2<sup>nd</sup> FL.                      CMB - 3<sup>rd</sup> FL. Cambridge Rm.                      GR - 3<sup>rd</sup> FL. Game Rm.                      CFT - 3<sup>rd</sup> FL. Craft Rm.                      Loft Dining Room - 3<sup>rd</sup> FL.                      ATR - Atrium - 2<sup>nd</sup> FL. 1<sup>st</sup> FL.                      FDR - Formal Dining Rm                      WR - Wellness Room - 3<sup>rd</sup> FL.                      Please note: Activities are subjected to change.</p>	<p><i>Blood Pressure Checks</i></p>  <p><i>With Stay Well</i>                      Every Tuesday                      11a - 12p In The ATR</p>	<p>1                      7-9:00 Coffee/Chatter - ATR                      11:00 - 1:30                      New Year's Buffet - ATR</p>  <p><b>HAPPY NEW YEAR</b></p> <p>2:00 Movie in The - CYL                      Mama Mia, Here We Go Again!</p>	<p>2                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      8:30-9:30-10:30 - Kroger/Meijer                      9:30 Exercise Class - CYL                      10:30 Left-Right-Center - CYL                      10:30 Mind Games - 3<sup>rd</sup> FL.                      1:00 Wii Bowling - CMB                      1:00 Local Shopping                      2:00 Fun Volleyball - GR                      3:00 Arts &amp; Crafts - CFT</p>	<p>3                      7-9:00 Coffee/Chatter - ATR                      8:30 Women's Breakfast- FDR                      9:30 Local Shopping                      10:00 Catholic Service - CMB                      10-12 Stepping On - CYL                      10:30 Walk Club - ATR                      12:45 Scrabble - Library                      1:00 Culinary Council - CYL                      1:00 Choraliers - CMB                      2:00 Tai Chi w/ Staywell - CYL                      3:00 Trivia Plus - CFT                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>4                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:30 Exercise Class - CYL                      10:00 Wii Bowling - CMB                      10:30 Card Bingo - CYL                      12:30 <b>OUTING:</b> Miami Valley Casino</p> <p>1:00 Corn Hole - CYL                      3:00 "Name 5"- In The CYL                      7:00 Mr. Chris - ATR Singer</p>	<p>5                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10-12:00 Poetry Club - CYL                      10:00 Volleyball Practice - GR                      12:00 Visit w/Therapy Dog                      1:00 Bingo - CYL                      3:00 Wii Bowling - CMB                      7:00 Frank Anthony - ATR Singer</p> 
<p>6                      7-9:00 Coffee/Chatter - ATR                      10:00 Catholic Service - CYL                      11:00 Sunday Brunch                      2:30 Protestant Ser.- CMB                      5:00 Frank Gallenstein -ATR                      6:00 Movie - In The CYL                      "Queen Katwe"</p> 	<p>7                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:00 Ladies Prayer Cir.- CYL                      9:30 Exercise Class - CYL                      10:00 Volleyball Practice - GR                      10:30 Let's Have Fun - 3<sup>rd</sup> FL.                      11:30 Jan. B-Day Party - CYL                      1:00 Book Club - 3<sup>rd</sup> FL.                      1:00 Choraliers - CMB                      2:30 Bingo - In The CYL                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>8                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Bible Study - 3<sup>rd</sup> FL.                      10:30 Uno - CMB                      1:00 Catholic Mass - CYL                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:30 Bridge - Library                      2:00 500 Card Game - Loft                      3:00 Trivia Plus - CFT                      4:00 Happy Hour - CYL                      7:00 Bingo - In The CYL</p>	<p>9                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      8:30-9:30-10:30 - Kroger/Meijer                      9:30 Exercise Class - CYL                      10:30 Left-Right-Center - CYL                      10:30 Mind Games - 3<sup>rd</sup> FL.                      1:15 Dick Watson - ATR                      1:00 Wii Bowling - CMB                      1:00 Local Shopping                      2:00 Fun Volleyball - GR                      3:00 Arts &amp; Crafts - CFT</p>	<p>10                      7-9:00 Coffee/Chatter - ATR                      9:30 Local Shopping                      10:00 Catholic Service - CMB                      10:30 Walk Club - ATR                      10-12 Stepping On - CYL                      12:45 Scrabble - Library                      1:00 Choraliers - CMB                      2:00 Tai Chi w/ Staywell - CYL                      3:00 Trivia Plus - CFT                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>11                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:30 Exercise Class - CYL                      10:00 Wii Bowling - CMB                      10:30 Wheel of Fortune- CYL                      10:30 <b>OUTING:</b> Lunch at The Spaghetti Factory                      1:00 Snowball Toss - CYL                      3:00 Outburst - In The CYL                      7:00 Sugar Camp Band In The ATR</p>	<p>12                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Volleyball Practice - GR                      12:00 Visit w/Therapy Dog                      1:00 Bingo - CYL                      3:00 Wii Bowling - CMB                      7:00 Share The Music - ATR</p> 
<p>13                      7-9:00 Coffee/Chatter - ATR                      10:00 Catholic Service - CYL                      11:00 Sunday Brunch                      2:30 Protestant Ser. - CMB                      6:00 Movie - In The CYL                      "The Choice"</p> 	<p>14                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:00 Ladies Prayer Cir.- CYL                      9:30 Exercise Class - CYL                      10:00 Volleyball Practice - GR                      10:30 Let's Have Fun - 3<sup>rd</sup> FL.                      1:00 Choraliers - CMB                      2:30 Bingo - In The CYL                      4:00 <b>Social Hr. - In The CYL</b>                      7:00 Current Events - CYL                      With Mike Connelly</p>	<p>15                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Bible Study - 3<sup>rd</sup> FL.                      10:00 Uno - In The CYL                      1:00 Catholic Mass - CYL                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:30 Bridge - CMB                      2:00 Yoga - In The CYL                      2:00 500 Card Game - Loft                      3:00 Trivia Plus - CFT                      4:00 Happy Hour - CYL                      7:00 Bingo - In The CYL</p>	<p>16                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      8:30-9:30-10:30 - Kroger/Meijer                      9:30 Exercise Class - CYL                      10:30 Left-Right-Center - CYL                      10:30 Mind Games - 3<sup>rd</sup> FL.                      1:00 Local Shopping                      1:00 Wii Bowling - CMB                      2:00 Fun Volley Ball - GR                      3:00 Arts &amp; Crafts - CFT                      7:00 Jim Spaeth - CYL                      World Traveler</p>	<p>17                      7-9:00 Coffee/Chatter - ATR                      9:30 Local Shopping                      10:00 Catholic Service - CMB                      10-12 Stepping On - CYL                      12:45 Scrabble - Library                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:00 AL Bus Ride                      2:00 Tai Chi w/ Staywell - CYL                      2:00 Euchre - 3<sup>rd</sup> FL.                      2:15 Choraliers - CMB                      3:00 Trivia Plus - CFT                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>18                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:30 Exercise Class - CYL                      10:00 Wii Bowling - CMB                      10:30 Music Bingo - CYL                      10:30 <b>OUTING:</b> Lunch At Union Terminal                      1:00 Swat The Balloon-CYL                      3:00 Board Games - CYL                      7:00 Ron &amp; Bob - ATR Singers</p>	<p>19                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10-12:00 Poetry Club - CYL                      10:00 Volleyball Practice - GR                      12:00 Visit w/Therapy Dog                      1:00 Bingo - CYL                      3:00 Wii Bowling - CMB                      7:00 Stormy Weather - ATR Band</p> 
<p>20                      7-9:00 Coffee/Chatter - ATR                      10:00 Catholic Service - CYL                      11:00 Sunday Brunch                      2:30 Protestant Ser. - CMB                      6:00 Movie - In The CYL                      "The Immortal Life of Henrietta Lacks"</p> 	<p>21                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:00 Ladies Prayer Cir.- CYL                      9:30 Exercise Class - CYL                      10:00 Volleyball Practice - GR                      10:30 Flowers w/Cinder - CFT                      1:00 Choraliers - CMB                      1:00 Euchre - 3<sup>rd</sup> FL.                      2:30 Bingo - CYL                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>22                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Bible Study - 3<sup>rd</sup> FL.                      1:00 Catholic Mass - CYL                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:30 Bridge - CMB                      2:00 Yoga - In The CYL                      2:00 500 Card Game - Loft                      3:00 Trivia Plus - CFT                      4:00 Happy Hr. - CYL                      7:00 Horse Racing - CYL</p>	<p>23                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      8:30-9:30-10:30 - Kroger/Meijer                      9:30 Exercise Class - CYL                      10:30 Left-Right-Center - CYL                      10:30 Mind Games - 3<sup>rd</sup> FL.                      1:00 Local Shopping                      1:00 Wii Bowling - CMB                      1:30 Piano Duet - ATR                      2:30 Fun Volleyball - GR                      3:00 Hand Therapy - CFT</p>	<p>24                      7-9:00 Coffee/Chatter - ATR                      9:30 Local Shopping                      10:00 Catholic Service - CMB                      10-12 Stepping On - CYL                      10:30 Walk Club - ATR                      12:45 Scrabble - CMB                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      2:00 Tai Chi w/ Staywell - CYL                      2:15 Choraliers - ATR                      3:00 Trivia Plus - CFT                      4:00 <b>Social Hr. - In The CYL</b></p>	<p>25                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:30 Exercise Class - CMB                      10:00 Wii Bowling - CMB                      10:30 Uno - CYL                      10:30 <b>OUTING:</b> Lunch at Miyako Sushi Grill                      1:00 Golf - In The CYL                      3:00 Euchre - In The CYL                      7:00 Bill Noland - ATR Singer</p> 	<p>26                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Volleyball Practice - GR                      12:00 Visit w/Therapy Dog                      1:00 Bingo - CYL                      3:00 Wii Bowling - CMB                      7:00 Bill Roth - ATR Singer</p>  <p><i>LET IT SNOW!</i></p>
<p>27                      10:00 Catholic Service - CYL                      11:00 Sunday Brunch                      2:30 Protestant Service - CMB                      6:00 Movie - In The CYL                      "RV"</p> 	<p>28                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      9:00 Ladies Prayer Cir.- CYL                      9:30 Exercise Class - CYL                      10:00 Volleyball Practice - GR                      1:00 Choraliers - CMB                      1:00 Euchre - 3<sup>rd</sup> FL.                      2:30 Bingo - CYL                      4:00 <b>Social Hr. - In The CYL</b>                      7:00 Socialbles - ATR                      3 Piece Band</p>	<p>29                      7-9:00 Coffee/Chatter - ATR                      9:30 Walk Club - ATR                      10:00 Bible Study - 3<sup>rd</sup> FL.                      1:00 Catholic Mass - CYL                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:30 Bridge - CMB                      2:00 Yoga - In The CYL                      2:00 500 Card Game - Loft                      3:00 Trivia Plus - CFT                      4:00 Happy Hr. - CYL                      7:00 Bingo - In The CYL</p>	<p>30                      7-9:00 Coffee/Chatter - ATR                      8:00 Coffee &amp; News - Loft                      8:30-9:30-10:30 - Kroger/Meijer                      9:30 Exercise Class - CYL                      10:30 Left-Right-Center - CYL                      10:30 Mind Games - 3<sup>rd</sup> FL.                      1:00 Wii Bowling - CMB                      1:00 Local Shopping                      1:30 New Horizon Dixie Land Band - ATR                      3:00 Arts &amp; Crafts - CFT</p>	<p>31                      7-9:00 Coffee/Chatter - ATR                      9:30 Local Shopping                      10:00 Catholic Service - CMB                      10-12 Stepping On - CYL                      10:30 Walk Club - ATR                      12:45 Scrabble - CMB                      1:00 Penny Poker - 3<sup>rd</sup> FL.                      1:30 Choraliers - ATR                      2:00 Tai Chi w/ Staywell - CYL                      3:00 Trivia Plus - CFT                      4:00 <b>Social Hr. - In The CYL</b></p>	<p><b>Every Wednesday</b></p>  <p>8:30a-9:30a-10:30a                      Landen Kroger/Meijer                      1p.m. Local Shopping                      CALL DAN - EXT:3366</p>	<p>8:30a - 9:30a - 10:30a                      Local &amp; Thursday Shopping, Call Dan at ext. 3366 to sign-up.</p> <p><b>WALGREEN'S</b>                      Delivers Prescriptions to your door - No Weekend Delivery - 513-583-9273</p> <p><b>Massage Therapy -</b>                      Laura 513-910-5853  <b>JANUARY</b> dates are 2<sup>nd</sup>, 7<sup>th</sup>, 16<sup>th</sup>, &amp; 24<sup>th</sup>.                      In The Wellness Office - Located on the 3<sup>rd</sup> FL.</p> <p><b>Podiatrist</b>                      Wellness Office 3<sup>rd</sup> Floor                      For Appointment Call Dr. Perelman: 791-4764                      Dr. Pradip Seth: 489-5533</p> <p><b>Beauty/Barber Shop:</b> Call Ext. 3255                      Wed. 9a-2p                      Thurs. &amp; Fri. 9a-3p</p> <p><b>Lodge Podge - 2106</b>                      Monday - Thursday 10:30a - 1:30p                      Friday 4p - 6p                      Sat. 10:30a - 1:30p</p>  <p><b>Transportation To Doctor Visits On Mon. &amp; Tue. Call Ext. 3366</b></p>  <p><b>Daily Activity Hotline - Just Call Ext. 3341</b></p>

**Kroger - Landen Meijer** Every Wed. 8:30a - 9:30a - 10:30a  
 Local & Thursday Shopping, Call Dan at ext. 3366 to sign-up.

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