

# Lodge Care News



**Volume XXV Number XII** 



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# The Lodge NURSING & REHAB CENTER

CARING PLACE HEALTHCARE GROUP

Lodge Care News is published monthly by The Lodge Nursing & Rehab Center, 9370 Union Cemetery Road, Loveland, OH 45140. 513/677-4900.

# Christmas Bells

By Henry Wadsworth Longfellow

I heard the bells on Christmas Day Their old, familiar carols play, And wild and sweet The words repeat Of peace on earth, good-will to men!

And thought how, as the day had come,
The belfries of all Christendom
Had rolled along
The unbroken song
Of peace on earth, good-will to men!

Till ringing, singing on its way,
The world revolved from night to day,
A voice, a chime,
A chant sublime
Of peace on earth, good-will to men!

Then from each black, accursed mouth
The cannon thundered in the South,
And with the sound
The carols drowned
Of peace on earth, good-will to men!

It was as if an earthquake rent
The hearth-stones of a continent,
And made forlorn
The households born
Of peace on earth, good-will to men!

And in despair I bowed my head;
"There is no peace on earth," I said;
For hate is strong,
And mocks the song
Of peace on earth, good-will to men!"

Then pealed the bells more loud and deep:

"God is not dead, nor doth He sleep;

The Wrong shall fail,

The Right prevail,

With peace on earth, good-will to men."



## Around the Lodge:

# Lodge \*\*\* Buzz\*\*

December is always a festive time of year. The children get excited as they work on their wish list for Santa. As always, will try to be nice and not naughty. Families come home to celebrate the season and enjoy the delicious classic dinners and wonderful desserts. Christmas is December 25th and December 26th is the first day of Hanukkah and Kwanzaa.

Here at the Lodge, we will enjoy the beautiful holiday decorations and the special treats served by our kind staff members. Of course, we will celebrate New Year's Eve and ring in the new year. Happy Holidays to all and a prosperous and peaceful new year!!

Try this decadent yummy recipe to make for your loved ones: Enjoy!

#### **Hot Cocoa Bread**

Transform a favorite cold-weather beverage into a delicious baked good. This easy recipe yields four charming mini loaves, perfect for holiday gifting.

Total: 1 hour 15 mins Makes: 4 Mini Loaves

#### **Ingredients**

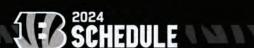
- 4 packets (1.38 oz. each) hot cocoa mix with marshmallows (about 1 cup total)
- 2 cups all-purpose flour
- <sup>1</sup>/<sub>3</sub> cup granulated sugar
- 2 tsp. baking powder
- <sup>1</sup>/<sub>2</sub> tsp. baking soda
- 1/2 tsp. salt
- 2 eggs
- 1 cup buttermilk
- <sup>1</sup>/<sub>2</sub> cup vegetable oil
- 1 tsp. vanilla extract
- 1 cup semisweet chocolate chips, divided

#### Instructions

- **1.** Preheat oven to 350°F. Coat 4 mini loaf pans (5.7x3.3 inches each) with nonstick cooking spray; set aside.
- **2.** In large bowl, sift cocoa mix, removing mini marshmallows and setting aside. Whisk in flour, sugar, baking powder, baking soda and salt.
- **3.** In another large bowl, whisk eggs, buttermilk, oil and vanilla, then slowly add flour mixture in two batches; stir until combined. Gently fold <sup>3</sup>/<sub>4</sub> cup chocolate chips into batter, then transfer to prepared loaf pans, filling each a little more than ½ full.
- **4.** Sprinkle remaining ½ cup chocolate chips and reserved mini marshmallows evenly over batter in loaf pans. Bake 30 minutes or until toothpick inserted in center comes out mostly clean. Cool in pans on wire racks.
- **5.** Serve or package for gifting, storing leftovers in an airtight container.

**Per Serving (1/4 loaf):** 260 Cal; 13g Tot Fat; 5g Sat Fat; 0g Trans Fat; 25mg Cholesterol; 420mg Sodium; 31g Carb; 1g Fiber; 16g Sugar; 4g Protein







50	24 PRESE	ASON		
T	SAT	AUG 10	TAMPA BAY (BENGALS PSTV)	7:00 PM
2	SAT	AUG 17	@ CHICAGO [BENGALS PSTV]	1:00 PM
3	THUR	AUG 22	INDIANAPOLIS (PRIME)	8:00 PM
50	24 REGUL	AR SEASON		
T	SUN	SEP 8	NEW ENGLAND (CBS)	1:00 PM
2	SUN	SEP 15	® KANSAS CITY (CBS)	4:25 PM
3	MON	SEP 23	WASHINGTON* (ABC)	8:15 PM
4	SUM	SEP 29	(FOX)	MQ DDN
5	SUN	OCT 6	BALTIMORE (CBS)	1:00 PM
8	SUN	OCT 13	IN MY GIANTS' [NBC]	8:20 PM
7	SUN	OCT 20	@ CLEVELAND [CBS]	1:00 PM
8	SUN	OCT 27	PHILADELPHIA (CBS)	4:25 PM
9	SUN	NOV 3	LAS VEGAS (FOX)	1:00 PM
10	THUR	NOV 7	@ BALTIMORE' (PRIME)	8:15 PM
- 11	SUM	NOV 17	TO LA CHARGERS (CBS)	4:25 PM
12			BYE WEEK	
13	SUN	DEC 1	PITTSBURGH (CBS)	1:00 PM
14	MON	DEC 9	@ DALLAS' [ESPN]	8:15 PM
15	SUN	DEC 15	TENNESSEE (FOX)	1:00 PM
16	THUR	DEC 19	CLEVELAND* (PRIME)	8:15 PM
17	SAT/SUN	DEC 28/29	DENVER (TBD)	TBD
10	CAT/CHM	IBM 47/E	m averanimen (van)	700

ALL TIMES EASTERN | DATES & TIMES SUBJECT TO CHANGE | \*INDICATES PRIMETIME GAME

BENGALS.COM/TICKETS

RULEJUNGLE

## From the Administrator

## A Nurse's Note:

### From the Administrator

It's hard to believe another year is coming to an end! I wish all of you a very Healthy and Happy Holiday Season.

Holiday decorations: Please refrain from using plug in Christmas lights, they are a fire hazard and prohibited by Fire Code.



THIS WEEK is your time to...

Trust your intution
Notice the blessings around you
Do whatever it takes to grow
Document your progress
Shine, regardless of what others say

ourmindfullife.com

Judy Tracey, R.N., LNHA Administrator

## Famous Quote:

Successful people are not gifted; they just Work Hard, then Succeed on Purpose.

- G.K. Nelson



## From the Director of Nursing

Dear Residents, Families, and Staff,

As we enter the final month of the year, we want to take a moment to reflect on all that we've accomplished together and look ahead to the joy and warmth that the holiday season brings. December is a time of



celebration, gratitude, and togetherness, and we are excited to share the many ways we will be making this season special for our residents.

As we navigate through the colder months, it's important to remain vigilant in maintaining the health and safety of our residents and team members. Flu season is upon us, and we are continuing to monitor all protocols to prevent the spread of illness. We encourage everyone to practice good hand hygiene, stay home if feeling unwell, and be mindful of respiratory health.

#### A Heartfelt Thank You

As we look back on the year, we want to express our sincere gratitude to our dedicated staff, residents, and families. Your support and commitment make our community truly special. We are grateful for the care, compassion, and kindness that define the culture here at The Lodge.

A special thank you to our nursing staff, who work tirelessly to ensure that each resident receives the highest level of care. Your hard work and dedication do not go unnoticed, and we are incredibly proud of the work you do each day.

#### Looking Ahead

As we approach the new year, we are excited for the opportunities and experiences 2025 will bring. We continue to focus on improving the quality of life for our residents through individualized care, enriching activities, and building a sense of community.

We also invite you to share any suggestions, comments, or feedback you may have to help us better serve you in the future.

On behalf of the entire nursing staff and administration, I wish all of our residents, families, and team members a joyous and peaceful holiday season. May the New Year bring health, happiness, and fulfillment to each and every one of you.

With warm regards,

Angelia Sweeney, RN Director of Nursing

**Families**, we would like to get to know each of our residents better so we can make sure their unique needs and preferences are being met.

We are asking for your help completing a resident Bio that we can share with our Caregivers and other residents. Pictures are welcomed.

Our goal is to start hanging them outside your family members' room once completed.

- Thank you for your help!



# December 2024



# The Lodge Nursing & Rehab Center Activities

The Louge Nulsing & Itelian Utility																		
	SUNDAY		MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY
11:00 2:00 3:00	Faith Bible Church Hangman Snack Cart	10:00 10:30 11:30 2:00 3:00	Skee-Ball Spelling Beverage Cart Snack Cart Bingo	2	10:00 10:30 11:30 2:00 3:00 4:00	Baking Ring Toss Beverage Cart Snack Cart Bingo Magazine Cart	3	10:00 11:30 2:00 2:00 3:30 4:00	Golf (room to room) Beverage Cart Snack Cart Exercise w/June Arts and Crafts Golf Visits from Coco	4	10:00 10:30 11:30 2:00 3:00 4:00	Trivia Table Bowling Beverage Cart Snack Cart Bingo Basketball	5	10:00 10:30 11:30 2:00 3:00	Guess What Balloon Toss Beverage Cart Snack Cart Bingo	6	2:00 3:30	Bingo Snack Cart
2:00 3:00	Horseracing Snack Cart	10:00 10:30 11:30 2:00 3:00 6:30	Skee-Ball Spelling Beverage Cart Snack Cart Bingo Bible Study	9	10:00 10:30 11:30 2:00 3:00 4:00	Baking Ring Toss Beverage Cart Snack Cart Bingo Magazine Cart	10	10:00 11:30 2:00 2:00 3:30 4:00	Golf (room to room) Beverage Cart Snack Cart Exercise w/June Arts and Crafts Golf Visits from Coco	11	10:00 10:30 11:30 2:00 2:00 3:00	Trivia Table Bowling Beverage Cart Entertainment w/ John Simpson Snack Cart Bingo	12	10:00 10:30 11:30 2:00 3:00	Guess What Balloon Toss Beverage Cart Snack Cart Bingo	13	10:00 2:00 3:30	Family Breakfast w/ Santa Bingo Snack Cart
11:00 2:00 3:00	Faith Bible Church Hangman Snack Cart	10:00 10:30 11:30 2:00 2:00 3:00	Skee-Ball Spelling Beverage Cart Snack Cart <u>Resident Council M</u> Bingo	16 deeting	10:00 10:30 11:30 2:00 3:00 4:00	Baking Ring Toss Beverage Cart Entertainment w/ The Dulcimer's Snack Cart Magazine Cart	17	10:00 11:30	Golf (room to room) Beverage Cart  Christmas Bingo Bucks Sale 2:00-4:00  Visits from Coco	18	10:00 10:30 11:00 11:30 2:00 3:00 4:00	Trivia Table Bowling Entertainment w/ Mike Pendell Beverage Cart Snack Cart Bingo Basketball	19	10:00 10:30 11:30 2:00 3:00	Guess What Balloon Toss Beverage Cart Snack Cart Bingo	20	2:00	WINTER BEGINS 21 Elvis Christmas Show
2:00 3:00	Christmas Movie: Elf Snack Cart	10:00 10:30 11:30 2:00 3:00 6:30	Skee-Ball Spelling Beverage Cart Snack Cart Bingo Bible Study	23	10:00 11:30 2:00	CHRISTMAS EVE Bingo Beverage Cart Reading <i>Twas the Night Before Christr</i> then Serving Cookie and Eggnog			CHRISTMAS  Showing lie Brown Christm  y Snack Cart	25 as	10:00 10:30 11:30 2:00 3:00 4:00	Trivia Table Bowling Beverage Cart Snack Cart Bingo Basketball	26	10:00 10:30 11:30 2:00 3:00	Guess What Balloon Toss Beverage Cart Snack Cart Bingo	27	2:00 3:30	Bingo Snack Cart
2:00 3:00	Horseracing Snack Cart	10:00 10:30 11:30 2:00 3:00	Skee-Ball Spelling Beverage Cart Snack Cart Bingo	30	10:00 10:30 11:30 2:00	NEW YEARS EVE Baking Ring Toss Beverage Cart New Years Eve Party w/ The Merri Moore's	31		HAPPY NEW YEAR 2025			Room Visits are done roughout the Week		E Sho Commu	nterested in watching Catholic Mass? You can watch it on EWTN – (Channel 61) wing daily at 7:00 p.m Inion offered every Mo y St. Margaret of York			Menus with Residents ery Wednesday

<sup>\*</sup> Mail Delivery offered throughout the day

ALL ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE



# **Shelter Pointe**

## Christmas

## Word Scramble



On a snowy Christmas Eve, Santa's excited reindeer knocked over a sack filled with festive words while practicing for their big night. Now, all the holiday magic is jumbled! Can you help untangle the words before Santa takes off?

HCSSAMTRI	LEICCI
SMTEILEOT	ENERERDI
APOSETTNII	WEKSFALON
MOWNASN	NASAT
HERAWT	NIELST
RNGBIEADRGE	TIEWNR
HAOIDLY	NNMTAERO
RFYTOS	AHKHNUNA
GHLISE	AORCL
IPALFEECR	EOGGNG
SEERTSPN	ISOGKCTN
CTAODINSERO	CLADNE

## Shelter Pointe Daily Activities for December 2024

	•				
MONDA	AY	THURS	SDAY		
8:30	Breakfast	8:30	Breakfast		
9:00	Channel 12 News	9:00	Channel 12 News		
10:00	Beachball Toss/Cognitive	10:00	Cornhole/Cognitive Corner		
10.00	Corner	11:00	Wet Your Whistle/Pictures/The		
11:00	Wet Your Whistle/The Price is	12:30	Price is Right (TV) Lunch		
11.00		2:00	Nails		
10.00	Right (TV)/Pictures	3:00	TV Time/Puzzles/Laundry/		
12:30	Lunch		Coloring		
2:00	Basketball	3:15	Snack		
3:00	TV Time/Puzzles/Laundry/	5:30	Dinner		
	Coloring	FRIDA	v		
3:15	Snack	8:30	Breakfast		
5:30	Dinner	9:00	Channel 12 News		
		10:00	Balloon Toss/Cognitive Corner		
TUESD	AY	11:00	Wet Your Whistle/Pictures/The		
8:30	Breakfast	40.00	Price is Right (TV)		
9:00	Channel 12 News	12:30	Lunch Finish The Phrase		
10:00	Arts & Crafts/Cognitive Corner	2:00 3:00	TV Time/Puzzles/Laundry/		
11:00	Wet Your Whistle/Pictures/The	0.00	Coloring		
	Price is Right (TV)	3:15	Snack		
12:30	Lunch	5:30	Dinner		
2:00	Nails				
3:00		SATUF			
3.00	TV Time/Puzzles/Laundry/	8:30 9:00	Breakfast Channel 12 News		
0.45	Coloring	10:00	Ring toss/Cognitive Corner		
3:15	Snack	11:00	Beverages/Pictures or		
5:30	Dinner		Magazines/Coloring/		
			Wordsearches		
WEDNE	ESDAY	12:30	Lunch		
8:30	Breakfast	3:30	Snacks		
9:00	Channel 12 News	5:30	Dinner		
10:00	Noodle Fun/Bingo	SUNDA	Λ		
11:00	Wet Your Whistle/Pictures/The	8:30	Breakfast		
	Price is Right (TV)	9:00	Channel 12 News		
12:30	Lunch	10:00	Table Bowling /Cognitive		
2:00	Baking	44.00	Corner		
3:00	TV Time/Puzzles/Laundry/	11:00	Beverages/Pictures or Magazines/Coloring/		
0.00	Coloring		Wordsearches		
3:15	Snack Cart	12:30	Lunch		
5:30	Dinner	3:30	Snacks		
5.30	Diffile	5:30	Dinner		
		All activit	ties and times are subject to change.		
One-Or	<b>n-One</b> visits are offered	Pet vicits offered throughout the week			

throughout the day.

Pet visits offered throughout the week.

# December Birthdays

## **STAFF**

Allison Wallace	12/3
Tyeisha Dunnom	12/7
Kaniah Grimes	12/9
Kimberlee Coulter	12/10
Taylor Cooper	12/11
Emily Field	12/14
Kathleen Cox	12/15
Hayley Schmidt	12/15
Robert Mccloskey	12/16
Skylar Gambrell	12/18
Kellie Bess	12/21
Jermaris Shepard	12/22
Charlize Baehr	12/23
Angela Dearinger	12/23
Maximus Collier	12/29
Caleb Hutchinson	12/30

## **RESIDENTS**

Judy Sullivan	12/2
Debbie Guttman-Taylor	12/3
Edward Meldrum	12/3
Jeffery Sanders	12/3
Kathleen Smith	12/13
Barbara Hagedorn	12/13
Raymond Mobley	12/16
Thomas Peltier	12/22

## Shelter Pointe Resident's Birthdays

Noel Humphrey - 8th Genevieve Blake - 25th Esther Gardner - 26th



## The Lodge Nursing & Rehab Center Staff Directory

Administrator	Judy Tracey, RNC, LNHA
Corporate Director of Clinical Services	Santanna Rapp, RN
Director of Nursing	Angelia Sweeney, RN
Assistant Director of Nursing	9
Admission and Marketing Director	Stevie Lewis
Business Developer	Tiffany Santos
Admission Coordinator	Crystal Harris
Case Manager	Jayne Yamson, RN
Social Worker	•
Activities Director	Kim Lewis
Director of Dietary Services	Kyle Morton
Environmental Supervisor	Marc Hamilton
Maintenance Supervisor	Jeremy Curtis